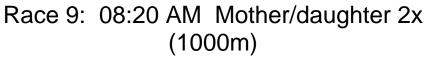
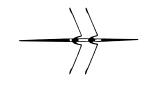


## 2023 IDR Results





Place	Lane	Organization						Net Time	%	Delta	Split	Pts
1st	3	Potomac/Capital [Composite] (A. Cors)						04:07.43				
2nd	4	Saugatuck (p. Cuthbertson)						04:09.76	0.9%	00:02.33	00:00:02.33	3.0
95 L	0	960 . l	9	70 	98 	0	9	90 L	10	00		
1st							04:07.43	-	<u></u>	3 Potomac/C	apital [Composite	e] (A. Cors)
2nd					04:09.76	7		<b>–</b>		4 Saugatuck	(p. Cuthbertson)	