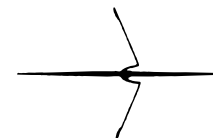


# 2023 IDR Results

## Race 41c: 09:00 AM Mens 1x

### Heat 3



| Place | Lane | Organization              | Net Time | %     | Delta    | Split       | Pts |
|-------|------|---------------------------|----------|-------|----------|-------------|-----|
| 1st   | 3    | Penn AC (M. Couwenhoven)  | 07:26.04 |       |          |             |     |
| 2nd   | 4    | Penn AC (S. O'hEochaidh)  | 07:34.09 | 1.8%  | 00:08.05 | 00:00:08.05 |     |
| 3rd   | 2    | Potomac (P. Marcy)        | 07:40.82 | 3.3%  | 00:06.73 | 00:00:14.78 |     |
| 4th   | 5    | Conshohocken (R. Sherman) | 07:55.83 | 6.7%  | 00:15.01 | 00:00:29.79 |     |
| 5th   | 1    | Lima (G. Hamann)          | 08:05.37 | 8.8%  | 00:09.54 | 00:00:39.33 |     |
| 6th   | 6    | Cooper (J. Kolb)          | 08:57.12 | 20.4% | 00:51.75 | 00:01:31.08 |     |

