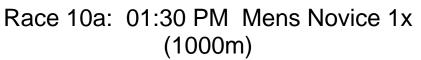
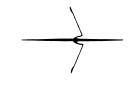


2022 IDR Results





Place	Lane		Organiza	tion		Net Time	%	Delta	Split	Pts
1st	1	Conshohocken (E. Barry)				05:10.13				
2nd	3	Pioneer Valley Riverfront (C. Mackie)				05:36.48	8.5%	00:26.35	00:00:26.35	
3rd	4	Port Jefferson (A. Chambers)				05:56.98	15.1%	00:20.50	00:00:46.85	
4th	5	Rockland (P. Cooney)				06:17.71	21.8%	00:20.73	00:01:07.58	
	2	Wilmington Youth (B. Martin) Scratch								
800 I)	840 880 920				960 I	100 I	0		
1st		05:10.13 +						1 Conshohocken (E. Barry)		
2nd		05:36.48 ←						3 Pioneer Valley Riverfront (C. Mackie)		
3rd		05:56.98 {						4 Port Jefferson (A. Chambers)		
4th	-{	↓ 06:17.71						5 Rockland (P. Cooney)		