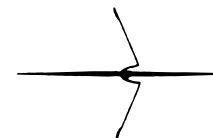


2023 IDR Results

Race 41c: 09:00 AM Mens 1x
Heat 3



Place	Lane	Organization	Net Time	%	Delta	Split	Pts
1st	3	Penn AC (M. Couwenhoven)	07:26.04				
2nd	4	Penn AC (S. O'hEochaidh)	07:34.09	1.8%	00:08.05	00:00:08.05	
3rd	2	Potomac (P. Marcy)	07:40.82	3.3%	00:06.73	00:00:14.78	
4th	5	Conshohocken (R. Sherman)	07:55.83	6.7%	00:15.01	00:00:29.79	
5th	1	Lima (G. Hamann)	08:05.37	8.8%	00:09.54	00:00:39.33	
6th	6	Cooper (J. Kolb)	08:57.12	20.4%	00:51.75	00:01:31.08	

