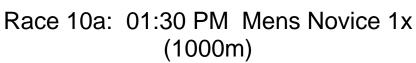


2022 IDR Results





Place	Lane	Organization		Net Time	%	Delta	Split	Pts	
1st	1	Conshohocken (E. Barry)	05:10.13						
2nd	3	Pioneer Valley Riverfront (C. M.	05:36.48	8.5%	00:26.35	00:00:26.35			
3rd	4	Port Jefferson (A. Chambers)	05:56.98	15.1%	00:20.50	00:00:46.85			
4th	5	Rockland (P. Cooney)	06:17.71	21.8%	00:20.73	00:01:07.58			
	2	Wilmington Youth (B. Martin)							
800	,	840 880 920		960	100	0			
L									
1st		05:10.13 +				1 Conshohocken (E. Barry)			
2nd		05:36.48 ←				3 Pioneer Valley Riverfront (C. Mackie)			
3rd		05:56.98 +				4 Port Jefferson (A. Chambers)			
4th	+	← 06:17.71				5 Rockland (P. Cooney)			