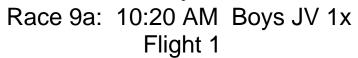
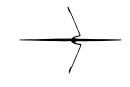


2024 4th Manny Flick / Horvat





4 Wyoming Seminary (A. Innamorati)

Place	Lane		Organization	1	Net Time	%	Delta	Split	Pts
1st	1	Ridgewood A (\	N. Carroll)		06:43.16				
2nd	3	Shipley (O. Wils	07:09.22	6.5%	00:26.06	00:00:26.06			
3rd	2	Hackensack (S.	07:21.24	9.4%	00:12.02	00:00:38.08			
4th	5	Friends Select (08:03.58	19.9%	00:42.34	00:01:20.42			
5th	4	Wyoming Seminary (A. Innamorati) 08:08.81 21.2%					00:05.23	00:01:25.65	
1200	0	1260	1320	1380	1440	15	600		
L 1st		06:43.16 +					l · 1 Ridgewood A (W. Carroll)		
2nd		07:09.22 +					3 Shipley (O. Wilson)		
3rd		07:21.24 +					2 Hackensack (S. Edmonds)		
4th <i>08:03.58</i> +							5 Friends Select (C. Lamont)		

+ 08:08.81