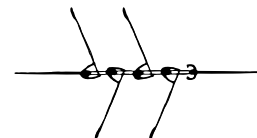


# 2016 Philadelphia Frostbite

## Race 7a: 09:49 AM High School Women

### Four



| Place | Lane | Organization                          | Net Time        | %     | Delta    | Split       | Pts |
|-------|------|---------------------------------------|-----------------|-------|----------|-------------|-----|
| 1st   | 4    | PNRA/Mercer A (K. Niva)               | <b>07:28.60</b> |       |          |             |     |
| 2nd   | 1    | Haddonfield A (E. Kommedal)           | <b>07:48.90</b> | 4.5%  | 00:20.30 | 00:00:20.30 |     |
| 3rd   | 3    | Mountain Lakes A (S. Senatore)        | <b>07:54.70</b> | 5.8%  | 00:05.80 | 00:00:26.10 |     |
| 4th   | 2    | Montgomery B.C. (H. Smithberger)      | <b>07:57.70</b> | 6.5%  | 00:03.00 | 00:00:29.10 |     |
| 5th   | 5    | Newport RC B (J. Grabowski)           | <b>08:17.90</b> | 11.0% | 00:20.20 | 00:00:49.30 |     |
| 6th   | 6    | Institute of Notre Dame A (Y. Walker) | <b>09:27.80</b> | 26.6% | 01:09.90 | 00:01:59.20 |     |

